

SHORT CURRICULUM VITAE



Name: César Fernández de las Peñas
Date of birth: 20th September 1979
Work: Department of Physical Therapy, Occupational Therapy,
Rehabilitation and Physical Medicine, Universidad Rey Juan
Carlos, Alcorcón, Madrid, Spain

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Professional background

2000 Physical Therapist, Universidad Rey Juan Carlos, Spain
2007 Ph.D. in Biomedical Sciences, Faculty of Science and Technology,
Aalborg University, Denmark
2008 Master in Public Health, Universidad Rey Juan Carlos, Spain
2008 Ph.D., Universidad Rey Juan Carlos, Spain
2012 Doctoral Degree in Medical Sciences, Aalborg University, Denmark

Employments/appointments

2000 Physical Therapist, Spanish Athletic Team
2000-2002 Physical Therapist, Soft Tissue Center
2002-2006 Physical Therapist, Clinic of Rheumatic and Soft Tissues Diseases
2001- Professor in Physical Therapy, Universidad Rey Juan Carlos, Spain
2004- Physical Therapist, Neurology Department, Hospital Alcorcón

Publications

He has published around 400 publications and he is first author of approximately 140 of them. Most papers concentrate on clinical human pain research, drug screening and interaction between motor control and chronic pain. The most relevant topics of his research is focus on neck pain, headache and neuro-physiological effects of manual therapy

Research Activities

The research activities are concentrated on biomedical sciences within neuroscience. The specific research areas have been on pain and assessment of pain in volunteers and chronic pain patients. The main focus is on human clinical chronic pain research. A substantial network of international collaborations with 5 different countries has been established with universities and hospitals.

Lectures

He has participated in 50 conferences with related published abstracts/ proceedings and he has given several lectures at Spanish and foreign universities and hospitals. He has given around 40 invited lectures at international meetings/workshops/seminars.

Teaching

He has 20 years of university teaching and he has achieved experience by teaching physiotherapists, and he has held specialising-courses for medical doctors within neurology and orthopaedics.